

Getting to a class with River Rock Mindfulness at Vida Coworking:

401 NE 19th Avenue, Portland, OR 97232

Long-time Portlanders may recognize that it was previously the Jantzen Swimwear Headquarters building. Here are some photos that will help **you find me on your first visit.**



It's a non-descript entryway...



Vida's open-format coworking space is on the 2nd floor, which you can reach via the elevator (or stairs)





Follow the signs!



Turn Left to find the meeting room...



Just down this hall...

Description: The building is at 401 NE 19th Ave, just north of NE Sandy Blvd. When you enter the building, the elevator and stairs are off the main hall to the right. You will see an elevator and stairs with the Vida logo. Go up to the **2nd floor** to Vida's main co-working space. There will be signs, and / or someone to help you find where we are meeting.

After hours access: I'll have someone stationed at the door to let you in, or a note with a number to text if you're late.

Bus Routes: 12-Sandy, 19-Woodstock/Glisan, 20-Burnside, MAX (15 minute walk from Holladay Park MAX)

Parking: Street parking is available in the surrounding area, but can take a few minutes to find. There are some street parking options NE 20th - from NE Sandy Blvd. to NE Oregon Street, and on Sandy at 18th and 19th, depending on the time of day.

Give yourself some extra travel time on your first visit or two to the new space. Please feel free to contact me if you have any questions or concerns. I look forward to welcoming you there!

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